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"SIMPLY WONDERFUL" ERGONOMIC INTERVENTION

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In the beginning -- The Problem



✓ Manually lifting Recorders (91lbs) onto carts and workbenches

✓ Maneuvering recorder for maintenance

Better....but. My Back Still Hurts!



✓ Requires moving the recorder manually

✓ Causes strains on the artisan when he is performing maintenance

We Can Fix That!

✓ Double Scissor Lift Cart with variable height from 8 inches to 5 feet

✓ 18 inch turntable



Don't Stop There! What if...

✓ Locking compass points on the scissor table for ease of maintenance

✓ Locking pin for the turntable

Jacksonville's "Ergonomic Trifecta"

It's so SIMPLE!

So ECONOMICAL!...

And so **EFFECTIVE!...**

A job well done!



✓ A REAL
winner and
one HAPPY
Artisan

Successful ERGONOMIC Programs Require Command Support

Supervisor -- Robert Bradshaw
Division Director -- Roy Luke
Ergonomics Program Manager -Barbara Wright
Safety Director -- Chris Williamson
Commanding Officer -- CAPT David Beck

Without *their* help we *could not* succeed

Questions?

If we can assist you in any way please feel free to contact us at

- ✓ lawrence.mullen@navy.mil or
- ✓ barbara.l.wright@navy.mil
- Thank you for your participation, I hope that in some way my presentation was helpful to you.