

Findings	Recommendations
Educate employees on preferred wrist postures. Repetitive wrist motions Awkward back and neck postures Prolonged standing Vibration exposure to the wrists Mechanical stress to the hands Use of inappropriate tools	Eliminate production requirements. Provide workbenches and engine stands that are adjustable in height. Provide anti-fatigue mats, minimum ½-inch thick. Provide hand tools with vibration-dampening handles. Pad hand tools. Eliminate production requirements.