

Findings	Low-Cost Solutions	High-Cost Solutions
Lack of adjustability of workstations.	Provide articulating keyboard trays.  Provide footrests.	Provide a bi-level adjustable desks.
Chairs with inadequate back support.	Provide lumbar supports.	Provide ergonomically designed chairs that have adjustable seat pans, backrests, and armrests.
Poor shoulder postures when operating the mouse.	Provide new trays for articulating keyboard arms that are wide enough to accommodate a mouse and a keyboard.	Provide a bi-level adjustable desk.
Poor wrist posture and mechanical stress when typing.	Provide appropriate wrist rests.	Provide slit-key designed keyboards.
Warm temperature/poor air circulation.	Provide overhead fans.	Improve air-conditioning.