The Computer/Electronic Accommodations Program (CAP) works to ensure that people with disabilities, and those that become disabled, have equal access to the information environment and opportunities in the Department of Defense and throughout the Federal government.

**If you have a medically diagnosed work-related musculoskeletal disorder** (for example, carpal tunnel syndrome, tendonitis, degenerative disk disease, etc.), you may be eligible for CAP’s services.

Whether your disability calls for anything from an alternative keyboard to a telephone headset, CAP can assist you.

Go to the CAP Website for more information and to request a Needs Assessment: [www.tricare.mil/cap](http://www.tricare.mil/cap)

Follow the simple process illustrated here to determine the appropriate equipment solution to meet your specific needs.

**If you are a human resources manager or hiring official,** CAP can help increase your placement of people with disabilities and wounded Service members by eliminating the costs of accommodations. CAP supports Federal employees throughout the employment lifecycle, including recruitment, placement, promotion, and retention.