The Ergonomics Working Group has just added three new Navy Ergonomics Risk Assessment reports to its website: www.ergoworkinggroup.org.

Conducted in late 2007, these detailed assessment reports provide recommendations for improvement of ergonomics stress. Check them out—the Navy found solutions to the problems cited below. You may be able to apply their solutions to problems you’ve encountered in your workplace.

**Ground Electronics Operations.** Repair work and testing requires sustained non-neutral postures of the back, neck, hand, and shoulders as well as repetitive hand and arm manipulations when using hand tools. Employees also experience sustained contact stress to the forearms from the front edge of the workstation.

**Hull Repair.** Hull repair requires non-neutral sustained postures and heavy force exertions. In addition, workers are exposed to vibration and compression.

**Security.** Driving while on patrol and monitoring the gate can require prolonged static postures that have been reported to cause fatigue. Temperature can also contribute to the risk of developing a work-related musculoskeletal disorder.